

## Technology as a threat to future generations

Technological advances are obviously necessary. Maybe not for individuals but definitely for humankind as a whole. Despite its undisputable benefits it also brings some unwelcome downsides. In the essay I will try to elaborate on this topic.

First danger of technological advancements is that you cannot fully trust them. You never know when the program you are currently using stops working or when your car does not want to work properly. Most of the times you can deal with that. But what if you have to use it right now otherwise you are doomed? You may get late to work in case your car is taking a break. Or you may miss important meeting. And perhaps you have to study for the exam, using some educational website and suddenly your internet connection is lost – and because of that you fail the exam. Infinite number of possible scenarios – when the failure of technology affects in negative way – can occur.

Another con is implied from the previous paragraph and that is dependence on technologies. More and more people are getting useless in real work when they have to rely on their skills, abilities and experiences. That is because for many people the modern inventions do more work than they used to and with time they will do even more. And the result is? Bunch of incompetent people unable to do anything by themselves. What would these people do if there was some global armageddon or blackout? What would they do if they happened to be alone in the wilderness without any signs for society?

Fact is that humanity is getting weaker. Man are getting weaker. Lumberjacks no longer use axes which requires a lot of strength and kept them fit – now there are chainsaws that make the work much easier. Many guys and girls use their phones and computers too often which in many cases results in physical inactivity (and becoming weaker). Perhaps in future there will be invented some way of making people physically stronger without doing anything. But would it be the same? I do not think so. Hand in hand with your body comes also your mind and to become mentally tougher you have to go through some tough challenges.

Does it mean that we should not strive for improvement in the scientific and technological field? Is it really that bad? Should we get back to our roots and try to live like our ancestors did? I don't think so. As I stated in the introduction progress is vital for humanity and we shouldn't resist it. The better is our knowledge of our surroundings the better we will also be able to treat ourselves. Health care will improve; quality of life will improve; our society will improve. But we still should not forget about physical hard work. I believe you should try to find balance – do not forget to add some physical activity, for example you can lift weights, or do some push ups, or you can chop some wood. Not that only your body will improve, your mind will improve as well.

To sum it up I do think technology is crucial for our existence in the future but it also bears its dangers that we shouldn't overlook. Not only we should invent new things, we should also do things to make sure that we are more independent and we can function even without technologies.